

**TeamBSI Annual Bike Ride & Family Potluck Cook-out**  
**Saturday, June 4, 2022**

**Meet: 8:00am**   **Ride Briefing: 8:15am**   **Ride: 8:30am**  
**POC: Larry Coleman (240) 876-3897**



**\*Everyone's Safety is Our Priority:** Must wear a helmet. Have proof of COVID-19 vaccination or negative test within 3 days of event & (optional) mask.

*Our fun family event is back!*

*Sign-up form: [TeamBSI Biking Event Signup Form](#)*

( <https://www.eventbrite.com/e/teambsi-annual-bike-ride-family-potluck-cookout-tickets-290942074577> )

*Sign-up so we know how many are coming and item you plan on bring for potluck. Questions, call Monica (301) 325-8085.*

**Lake Needwood Park (Boat House Pavilion parking lot)**  
**15700 Needwood Lake Circle**  
**Rockville, Maryland**

**CYCLING:**

A/B Riders: Approximately 47 miles of rolling terrain with some hills.

C Riders: Approximately 37 miles of rolling terrain with some hills (Roadway).

C/D Riders: Approx. 29 miles of flat to rolling terrain (Rock Creek Hiking/Biking Trail).

**If roads are wet (1) one hour before ride start, at Lake Needwood location, the ride will be cancelled. Ride questions, call Larry (240) 876-3897.**



**The cook-out will be at the Boat House Pavilion.**  
**RAIN or SHINE**  
**(12:00pm - 4:00pm)**

**Park fun! Hiking, Pedal Boats, Pontoon Tours, Zip Line, Archery, Fishing, etc.**